

skinnytaste | Cookbook Index

*SP = Smart Points

Appetizers & Snacks

RECIPE	COOKBOOK	CHAPTER	PG	SP
Ahi Poke Wonton Cups (Air Fryer) DF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	44	4 4 3
Bacon Wrapped Cheesy Jalapeno Poppers (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	36	3 3 3
Baked Clam Dip (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	40	2 3 2
Buffalo Wings with Blue Cheese Dip (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	32	11 11 11
Cauliflower Rice Arancini (Air Fryer) GF Q V	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	52	5 6 5
Cheesy Crab-Stuffed Mushrooms (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	43	3 4 3
Chicken-Vegetable Spring Rolls (Air Fryer) DF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	35	3 3 3
Crab and Cream Cheese Wontons (Air Fryer) Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	39	5 5 5
Crispy Za'atar Chickpeas (Air Fryer) DF GF Q V	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	55	0 6 0
Devils on Horseback (Air Fryer) DF GF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	49	1 1 1
Fried Pickle Chips with Cajun Buttermilk Ranch (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	59	3 3 3













































RECIPE	COOKBOOK	CHAPTER	PG	SP
Garlic Knots (Air Fryer) GF Q V	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	56	2 3 2
Homemade Chips & Salsa (Air Fryer) DF GF Q V	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	46	3 3 3
Loaded Zucchini Skins (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	51	6 6 6
Tomatillo Salsa Verde (Air Fryer) DF GF Q V	Skinnytaste Air Fryer Cookbook	Appetizers & Snacks	48	0 0 0

Beef, Pork, & Lamb






RECIPE	COOKBOOK	CHAPTER	PG	SP
Apple-Stuffed Pork Chops (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	97	6 6 6
Breaded Pork Cutlets with Avocado, Tomatoes, & Lime (Air Fryer) DF GF Q	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	94	8 9 8
Carne Asada Salad (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	90	8 8 8
Five-Spiced Glazed Lamb Chops (Air Fryer) DF GF Q	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	98	7 7 7
Korean Pork Lettuce Wraps (Air Fryer) DF	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	92	9 8 4
Low-Carb Cheeseburger Sliders with Special Sauce (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	86	7 7 7
Meat Lovers' Pizza-Stuffed Peppers (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	93	10 10 10
Roast Beef with Horseradish-Chive Cream (Air Fryer) GF	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	89	7 7 7

RECIPE	COOKBOOK	CHAPTER	PG	SP
Soy-Sesame Marinated Flank Stead (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Beef, Pork, & Lamb	91	  

Breakfast & Brunch

RECIPE	COOKBOOK	CHAPTER	PG	SP
Blueberry-Lemon Yogurt Muffins (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Breakfast	29	  
Breakfast Turkey Sausage (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Breakfast	25	  
Cinnamon Rolls with Cream Cheese Icing (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Breakfast	23	  
Everything (but the) Bagel Breakfast Pockets (Air Fryer)	Skinnytaste Air Fryer Cookbook	Breakfast	16	  
Home Fries with Onions and Peppers (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Breakfast	19	  
Homemade Bagels (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Breakfast	20	  
PB&J Oatmeal Bake with Bananas and Blueberries (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Breakfast	18	  
Petite Spiced Pumpkin Bread (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Breakfast	26	  
Veggie Leek & Cheese Frittata (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Breakfast	15	  

Chicken & Other Poultry

RECIPE	COOKBOOK	CHAPTER	PG	SP
Adobo-Rubbed Chicken with Avocado Salsa (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Poultry	68	  














































RECIPE	COOKBOOK	CHAPTER	PG	SP
Asian Turkey Meatballs with Hoisin Sauce (Air Fryer) DF GF Q	Skinnytaste Air Fryer Cookbook	Poultry	73	8 8 8
Cheesy Green Chili-Chicken Chimichangas (Air Fryer) Q	Skinnytaste Air Fryer Cookbook	Poultry	81	6 7 6
Chicken Cordon Bleu (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Poultry	82	8 12 8
Chicken Parmesan Caprese (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Poultry	62	6 8 6
Chicken Piccata (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Poultry	74	3 5 3
Cornflake-Crusted "Fried" Chicken with Romaine Slaw (Air Fryer) DF GF Q	Skinnytaste Air Fryer Cookbook	Poultry	77	
Fiesta Turkey Meatloaves (Air Fryer) DF GF Q	Skinnytaste Air Fryer Cookbook	Poultry	83	6 7 6
Herbed Cornish Hen for Two (without skin) (Air Fryer) GF	Skinnytaste Air Fryer Cookbook	Poultry	65	3 10 10
Naked Season Chicken Tenders (Air Fryer) DF GF Q	Skinnytaste Air Fryer Cookbook	Poultry	69	1 2 1
Parmesan-Crusted Turkey Cutlets with Arugula Salad (Air Fryer) GF Q	Skinnytaste Air Fryer Cookbook	Poultry	64	3 6 3
Pickle-Brined Chicken Tenders (Air Fryer) DF GF	Skinnytaste Air Fryer Cookbook	Poultry	70	3 5 2
Spiced Yogurt-Marinaded Chicken Thighs with Blistered Vegetables (Air Fryer) GF	Skinnytaste Air Fryer Cookbook	Poultry	78	5 5 5



Dessert

RECIPE	COOKBOOK	CHAPTER	PG	SP
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Baked Streusel Apples (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Desserts	150	  
Banana Apricot-Turnovers (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Desserts	153	  
Mini Churros (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Desserts	149	  
Roasted Peaches with Ice Cream (Air Fryer)    	Skinnytaste Air Fryer Cookbook	Desserts	154	  
Very Mini Pie (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Desserts	146	  

Seafood

RECIPE	COOKBOOK	CHAPTER	PG	SP
Blackened Salmon with Cucumber-Avocado Salsa (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Seafood	111	  
Crab Cake Sandwiches with Cajun Mayo (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Seafood	108	  
Crispy Coconut Shrimp with Sweet Chili Mayo (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Seafood	102	  
Fish Croquettes with Lemon-Dill Aioli (Air Fryer)  	Skinnytaste Air Fryer Cookbook	Seafood	113	  
Lemony Shrimp and Zucchini with Mint (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Seafood	106	  
Roasted Fish with Lemon-Almond Crumbs (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Seafood	112	  
Salmon Burgers with Lemon-Caper Remoulade (Air Fryer)   	Skinnytaste Air Fryer Cookbook	Seafood	114	  
Shrimp Empanadas (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Seafood	105	  

RECIPE	COOKBOOK	CHAPTER	PG	SP
Tortilla Shrimp Tacos with Cilantro-Lime Slaw (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Seafood	107	

Vegetable Main & Sides

RECIPE	COOKBOOK	CHAPTER	PG	SP
Bacon Wrapped Asparagus Bundles (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	131	
Breaded Fried Eggplant (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	143	
Brussel Sprouts with Bacon (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	127	
Buffalo Cauliflower Nuggets (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	122	
Charred Sesame Green Beans (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	128	
Cheddar Broccoli Gratin (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	135	
Crispy Onion Rings (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	136	
Crispy Sweet Potato Fries (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	138	
French Fries (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	132	
Mexican Street Corn (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	124	
Perfectly Baked Potatoes with Yogurt and Chives (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	137	
Sesame-Crusted Teriyaki Tofu "Steaks" (Air Fryer) 	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	121	

RECIPE	COOKBOOK	CHAPTER	PG	SP
Sugar and Spice Acorn Squash (Air Fryer) DF GF Q V	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	125	2 2 2
Tomato, Spinach, & Feta Stuffed Portobellos (Air Fryer) GF Q V	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	118	6 5 5
Tostones with Peruvian Green Sauce (Air Fryer) DF GF Q V	Skinnytaste Air Fryer Cookbook	Vegetable Main & Sides	141	