

skinnytaste | Cookbook Index

*SP = Smart Points

Appetizers & Snacks

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|--|--------------------------------|---------------------|----|----|
| Ahi Poke Wonton Cups (Air Fryer) DF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 44 | 3 |
| Bacon Wrapped Cheesy Jalapeno Poppers (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 36 | 3 |
| Baked Clam Dip (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 40 | 2 |
| Buffalo Wings with Blue Cheese Dip (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 32 | 11 |
| Cauliflower Rice Arancini (Air Fryer) GF Q V | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 52 | 5 |
| Cheesy Crab-Stuffed Mushrooms (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 43 | 3 |
| Chicken-Vegetable Spring Rolls (Air Fryer) DF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 35 | 3 |
| Crab and Cream Cheese Wontons (Air Fryer) Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 39 | 5 |
| Crispy Za'atar Chickpeas (Air Fryer) DF GF Q V | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 55 | 0 |
| Devils on Horseback (Air Fryer) DF GF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 49 | 1 |
| Fried Pickle Chips with Cajun Buttermilk Ranch (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 59 | 3 |



























| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|---|--------------------------------|---------------------|----|----|
| Garlic Knots (Air Fryer) GF Q V | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 56 | 2 |
| Homemade Chips & Salsa (Air Fryer) DF GF Q V | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 46 | 3 |
| Loaded Zucchini Skins (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 51 | 6 |
| Tomatillo Salsa Verde (Air Fryer) DF GF Q V | Skinnytaste Air Fryer Cookbook | Appetizers & Snacks | 48 | 0 |

Beef, Pork, & Lamb




| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|--|--------------------------------|--------------------|----|----|
| Apple-Stuffed Pork Chops (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 97 | 6 |
| Breaded Pork Cutlets with Avocado, Tomatoes, & Lime (Air Fryer) DF GF Q | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 94 | 8 |
| Carne Asada Salad (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 90 | 8 |
| Five-Spiced Glazed Lamb Chops (Air Fryer) DF GF Q | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 98 | 7 |
| Korean Pork Lettuce Wraps (Air Fryer) DF | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 92 | 4 |
| Low-Carb Cheeseburger Sliders with Special Sauce (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 86 | 7 |
| Meat Lovers' Pizza-Stuffed Peppers (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 93 | 10 |
| Roast Beef with Horseradish-Chive Cream (Air Fryer) GF | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 89 | 7 |

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|---|--------------------------------|--------------------|----|---|
| Soy-Sesame Marinated Flank Stead (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Beef, Pork, & Lamb | 91 |  |

Breakfast & Brunch

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|--|--------------------------------|-----------|----|---|
| Blueberry-Lemon Yogurt Muffins (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Breakfast | 29 |  |
| Breakfast Turkey Sausage (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Breakfast | 25 |  |
| Cinnamon Rolls with Cream Cheese Icing (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Breakfast | 23 |  |
| Everything (but the) Bagel Breakfast Pockets (Air Fryer) | Skinnytaste Air Fryer Cookbook | Breakfast | 16 |  |
| Home Fries with Onions and Peppers (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Breakfast | 19 |  |
| Homemade Bagels (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Breakfast | 20 |  |
| PB&J Oatmeal Bake with Bananas and Blueberries (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Breakfast | 18 |  |
| Petite Spiced Pumpkin Bread (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Breakfast | 26 |  |
| Veggie Leek & Cheese Frittata (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Breakfast | 15 |  |


Chicken & Other Poultry

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|--|--------------------------------|---------|----|---|
| Adobo-Rubbed Chicken with Avocado Salsa (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Poultry | 68 |  |






























| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|--|--------------------------------|---------|----|----|
| Asian Turkey Meatballs with Hoisin Sauce (Air Fryer) DF GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 73 | 8 |
| Cheesy Green Chili-Chicken Chimichangas (Air Fryer) Q | Skinnytaste Air Fryer Cookbook | Poultry | 81 | 6 |
| Chicken Cordon Bleu (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 82 | 8 |
| Chicken Parmesan Caprese (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 62 | 6 |
| Chicken Piccata (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 74 | 3 |
| Cornflake-Crusted "Fried" Chicken with Romaine Slaw (Air Fryer) DF GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 77 | |
| Fiesta Turkey Meatloaves (Air Fryer) DF GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 83 | 6 |
| Herbed Cornish Hen for Two (without skin) (Air Fryer) GF | Skinnytaste Air Fryer Cookbook | Poultry | 65 | 10 |
| Naked Season Chicken Tenders (Air Fryer) DF GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 69 | 1 |
| Parmesan-Crusted Turkey Cutlets with Arugula Salad (Air Fryer) GF Q | Skinnytaste Air Fryer Cookbook | Poultry | 64 | 3 |
| Pickle-Brined Chicken Tenders (Air Fryer) DF GF | Skinnytaste Air Fryer Cookbook | Poultry | 70 | 2 |
| Spiced Yogurt-Marinaded Chicken Thighs with Blistered Vegetables (Air Fryer) GF | Skinnytaste Air Fryer Cookbook | Poultry | 78 | 5 |


Dessert

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
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|---|--------------------------------|----------|-----|---|
| Baked Streusel Apples (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Desserts | 150 |  |
| Banana Apricot-Turnovers (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Desserts | 153 |  |
| Mini Churros (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Desserts | 149 |  |
| Roasted Peaches with Ice Cream (Air Fryer)     | Skinnytaste Air Fryer Cookbook | Desserts | 154 |  |
| Very Mini Pie (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Desserts | 146 |  |

Seafood

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
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| Blackened Salmon with Cucumber-Avocado Salsa (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Seafood | 111 |  |
| Crab Cake Sandwiches with Cajun Mayo (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Seafood | 108 |  |
| Crispy Coconut Shrimp with Sweet Chili Mayo (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Seafood | 102 |  |
| Fish Croquettes with Lemon-Dill Aioli (Air Fryer)   | Skinnytaste Air Fryer Cookbook | Seafood | 113 |  |
| Lemony Shrimp and Zucchini with Mint (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Seafood | 106 |  |
| Roasted Fish with Lemon-Almond Crumbs (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Seafood | 112 |  |
| Salmon Burgers with Lemon-Caper Remoulade (Air Fryer)    | Skinnytaste Air Fryer Cookbook | Seafood | 114 |  |
| Shrimp Empanadas (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Seafood | 105 |  |

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
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| Tortilla Shrimp Tacos with Cilantro-Lime Slaw (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Seafood | 107 | 10 |

Vegetable Main & Sides

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
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| Bacon Wrapped Asparagus Bundles (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 131 | 1 |
| Breaded Fried Eggplant (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 143 | 2 |
| Brussel Sprouts with Bacon (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 127 | 2 |
| Buffalo Cauliflower Nuggets (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 122 | 3 |
| Charred Sesame Green Beans (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 128 | 2 |
| Cheddar Broccoli Gratin (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 135 | 6 |
| Crispy Onion Rings (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 136 | 3 |
| Crispy Sweet Potato Fries (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 138 | 2 |
| French Fries (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 132 | 2 |
| Mexican Street Corn (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 124 | 4 |
| Perfectly Baked Potatoes with Yogurt and Chives (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 137 | 1 |
| Sesame-Crusted Teriyaki Tofu "Steaks" (Air Fryer)  | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 121 | 7 |

| RECIPE | COOKBOOK | CHAPTER | PG | SP |
|---|--------------------------------|------------------------|-----|----|
| Sugar and Spice Acorn Squash (Air Fryer) DF GF Q V | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 125 | 2 |
| Tomato, Spinach, & Feta Stuffed Portobellos (Air Fryer) GF Q V | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 118 | 5 |
| Tostones with Peruvian Green Sauce (Air Fryer) DF GF Q V | Skinnytaste Air Fryer Cookbook | Vegetable Main & Sides | 141 | |